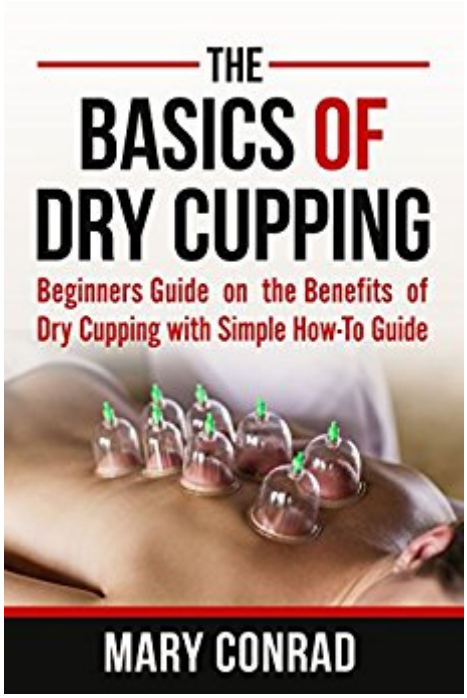
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The Basics Of Dry Cupping: Beginners Guide On The Benefits Of Dry Cupping With A Simple How-To Guide (Cupping Therapy Book 1)



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Synopsis

LEARN MORE ABOUT CUPPING TODAY! Cupping Therapy has been around for quite a long time. It had been used by ancient cultures such as Egyptians, Chinese and other Middle Eastern civilizations. In some parts of Asia, it’s termed as Ventosa and considered a low-cost and effective treatment for muscle pains and other conditions. It helps with inflammation, pain and improves blood circulation. Is it really effective? Well, considering that it’s being used by Olympic athletes, Hollywood stars and more importantly everyday people. It’s hard to dispute since it has been passed around for generations. This book is about giving more information on the art of Cupping. It’ll serve as your basic and reliable guide in knowing more about the therapy before trying it out for yourself. This book contains:Ã¢â ¬Â¢History of CuppingÃ¢â ¬Â¢The Basics of the therapy Ã¢â ¬Â¢Complementary treatments for CuppingÃ¢â ¬Â¢Cupping Points and their Anatomical LocationsÃ¢â ¬Â¢Different Ailments that may be Treated by CuppingÃ¢â ¬Â¢How to Perform Cupping Both the Old and New MethodsÃ¢â ¬Â¢Reasons to Try CuppingLearn more about this effective therapy by going through this book. It’s a wonderful, non-invasive procedure that will improve your health and overall well-being. Take a step towards health today!

Book Information

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Customer Reviews

The book is what it says it is...Basics. It is a short good read for someone wanting to know about cupping and it’s origin.

A few helpful tips.

This was a well written concise book. Wonderful info. Direct clear details. Nice background info too. Will make you feel comfortable to try it and soon very competent in sharing this wonderful healing tool.

the pictures of where to put for what are so small that I can’t read any of it. Not even my teens and they have the eyes of eagles.

I have been doing cupping on a daily basis and seem to be noticing a difference. The book is very clear and well written and well worth the read

great review of the basic know-how.

Pretty informative.

If you are interested in learning about the basics of dry cupping, don’t buy this. That information is not in this book.

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